

### Why?

- PSHE education makes children socially aware and prepares them for life situations. It teaches our children what behaviour(s) are acceptable in different social situations.
- To help our children to understand how they should treat others and how others should treat them.
- For children to understand they are part of a community, in school, the local estate of Wren's Nest, The town of Dudley, and the country of England and a citizen of the United Kingdom.
- To understand that we need rules to enable our children to stay safe and understand consequences if they are not followed.
- To learn to be resilient to life's challenges and understand they are responsible for actions.
- To know there is always help and understand how and where to find it. (Police, fire service, child line.)
- To prepare Wren's Nest children's moral, cultural and mental ability for life.
- To promote our pupils self-esteem and develop their emotional wellbeing.
- To inform them of how to maintain worthwhile and satisfy relationships with other members of the school and wider community.
- To have respect for themselves and for others.
- To value differences and similarities between people and how to make informed choices regarding personal and social issues.
- To know and understand what constitutes a healthy lifestyle.
- To learn an awareness of personal safety when using the internet, computer games and mobile phones.
- To encourage our children to share any problem/ concerns/worries they may have with their chosen member of staff.

### How?

- Every class has a timetabled session of PSHE.
- PSHE is taught within other subject areas and as a part of cross-curricular projects. Science, Geography, RE, English, and History.
- PSHE is addressed on a daily basis as questions and incidents arrive.
- At times Teachers may choose to add an additional Circle-time session in response to a particular event or issue.
- Whole school and class assemblies provide an opportunity to enhance pupils' spiritual, moral, social and cultural development promoting our schools values and celebrating achievement.
- Teachers, where appropriate, follow up Big Talk Assemblies using the content as a platform to develop further learning in PSHE lessons as well as across the curriculum.
- The Dot Com Children's Foundation is a programme used from Y1 to Y6 to support Children's learning
- Learning mentors support Children one to one where the need arises.
- All Children are given the opportunity to participate in all activities which will reflect a multi-cultural society, without stereo typing or discrimination.

## What?

- Visiting Speakers such as police, fire service, and health workers/dogs Trust contribute to the taught curriculum. Beyond timetabled PSHE lessons pupils are supported in applying skills they are learning, in real - life situations as they arrive.
- Beyond timetabled PSHE lessons, pupils are supported in applying the skills they are learning, in real -life situations as they arise. E.g resolving conflicts, working as aprt of a group on a project.
- Children are encouraged to take part in a range of practical activities to promote active citizenship eg fundraising; the planning of special events at school; agreeing class rules; class council meetings; recycling and reusing; and by taking on roles of responsibility for themselves, for others and for the school.
- Through lessons and after school clubs children are made of how to live a healthy lifestyle and are encouraged to manage to follow a healthy living programme by the NHS Change4life scheme.
- Children understand that their feelings are valued and any thoughts they may record in their journals are for their own use. The Dot Com programme teaches children an awareness of 'Uh-Oh' feelings to help children identify unacceptable situations. This is built on each year through out school.
- To give pupils the skills to know how to ask for help.
- The Dot Com Programme is also used to support Children with 1:1 intervention if necessary.
- A team of Learning Mentors help to remove barriers to learning for children across the school.
- Learning Mentors work with children who have been referred to them either on a 1:1 basis or in group situations. Eg. Boys/girls group self-esteem group.
- Where Children require more specialist intervention such as counselling or intervention as a result of bereavement or domestic abuse we refer onto external agencies such as Education Psychology, Barnardos and Family Support
- Letters home to parents sharing the learning from the Whole School Assemblies and learning to encourage continued support at home.
- Educational visits to support learning but also to widen their local environment.
- Children are voted onto the school council from each year group, Y2-Y6, and they meet regularly to discuss matters within school. E.g. Lunch menu, Christmas card competition.
- Puberty talks are arranged for Y5 and Y6
- Sports Leaders are selected from Y6 to support and arrange sporting events across school.
- Links with West Midlands Police relating to knife crime and gang culture.
- Junior PCSO programme run in school - KS2