



Too much ultraviolet light (UV) radiation from the sun can cause sunburn, skin damage, eye damage and skin cancer. Over exposure to the sun during childhood and adolescence is known to be a major cause of skin cancer.

Aim

Wren's Nest Sun Policy has been developed to ensure that all children and key workers are protected from damaging levels of UV radiation from the sun. We want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through:

Education:

- All pupils take part in a Sun Safe School Big Talk assembly at the start of the Summer.
- Parents and carers are sent a letter explaining what the school is doing about sun protection and how they can help, at the beginning of the Summer Term.
- Parents are encouraged to put sun cream on their children before they come to school.
- We are committed to educating all pupils annually about safe and unsafe exposure to the sun, including how to reduce the risk of skin cancer using the comprehensive, curriculum linked lesson plans, activities and resources provided by the Sun Safe Schools national accreditation programme.
- The children are encouraged to follow, 'The 5s' to keep them safe in the sun - **SLIP, SLOP, SLAP, SLIDE & SHADE.**

Protection:

- Pupils currently have a lunchtime period of 50 minutes on a daily basis, of which up to thirty minutes is spend outdoors in the middle of the day. Shade is currently available under the large trees on the KS2 playground and field, in the Dragon's Den on the KS1 playground and under the veranda on the multi-skills playground.

- Pupils and staff are encouraged to wear hats, especially when UV levels reach 3 or above.
- School provides free sun cream that the children are encouraged to apply if it is a sunny.
- Sunscreen use will be encouraged on school trips and staff will be provided with extra sunscreen in case children forget their own.
- We are committed to ensuring children are kept hydrated with water, available and encouraged regularly throughout the day, especially during warmer weather and physical activity.

The key sun protection message is:

The 5s' - SLIP, SLOP, SLAP, SLIDE & SHADE - **Slip** on a t shirt, **slop** on sun cream, **slap** on a hat, **slide** on sunglasses and go in the **shade**.



Review

Our school will regularly monitor and review the effectiveness of this policy and will update the policy on an annual basis in-line with renewing our Sun Safe Schools annual accreditation.

This policy will be reviewed in the Summer Term 2024 in-line with the Sun Safety Accreditation renewal 23.5.24.

Appendices:

Parents Letter

Sun Safe Schools Big Talk Assembly

Sun Safe Schools Policy