

Friday 2<sup>nd</sup> October 2020

To support the children's learning in History, this week, in Year 2, the children made and tasted 'Soda Bread'.



The recipe and method is here for those of you who would like to make it at home with your Child.

### Ingredients

200g plain white flour (plus extra for sprinkling)

$\frac{1}{2}$  x 5ml spoon bicarbonate of soda

$\frac{1}{2}$  x 5ml spoon salt

100ml natural yoghurt

75ml semi-skimmed milk

### Method;

1. Add all the dry ingredients to a large bowl.
2. Gradually add the yoghurt and milk.
3. Knead on a floured surface for 2 or 3 mins into a ball shape.
4. Place on a baking tray. Cut a cross into the dough.
5. Cook in a preheated oven, 200n degrees, for approximately 25-30 minutes. (You will know it's cooked if you tap the bottom of the loaf and it sounds hollow).