



WREN'S NEST PRIMARY SCHOOL

School Key Policy 2026-2027

Relationships and Sex Education - Parent Summary

September 2026

Document to be read in conjunction with ***other key school policies (listed within document)***



Wren's Nest Primary School

Sex Education Statement September

2026



The Governing Body of Wren's Nest Primary School fulfils its statutory obligation regarding Sex Education and has determined that:

- a) The policy is reviewed on an annual basis
- b) Parents are made aware of their rights to withdraw their child

This statement together with the policy, which details delivery of sex education, will be presented at the relevant Governors Meeting (Curriculum and Standards committee) for approval annually.

Why do we teach Relationships and Sex Education?

Relationships Education is statutory in all primary schools. At Wren's Nest Primary School, we aim to help children develop the knowledge, skills and values they need to build positive relationships, stay safe and prepare for growing up.

Our programme supports children to:

- build healthy, respectful relationships;
- understand personal safety and consent in an age-appropriate way;
- develop confidence and self-respect;
- understand the physical and emotional changes that occur during puberty;
- know where to seek help if they are worried or unsafe.

What will my child learn?

Children receive Relationships Education throughout primary school as part of our wider PSHE curriculum.

Learning includes:

- families and caring relationships;
- friendships and kindness;
- respect for others;
- staying safe, including online safety;
- physical and emotional wellbeing;
- personal safety and knowing where to get help.

In Years 5 and 6, pupils also learn about:

- puberty and body changes;
- personal hygiene;
- menstruation;
- human reproduction (Year 6 only).

Lessons are carefully planned to be age-appropriate and delivered sensitively by trained staff, sometimes with support from the School Nursing Team.

Can I withdraw my child?

Parents cannot withdraw their child from statutory Relationships Education or from the National Curriculum Science programme.

Parents can request to withdraw their child from the non-statutory sex education elements taught within Year 6 RSE. We encourage parents to discuss any concerns with the Headteacher before making a decision.

How are lessons taught?

We provide a safe, respectful learning environment where children are encouraged to ask questions and develop confidence.

Ground rules are agreed at the start of lessons, and teachers answer questions honestly using language that is appropriate to the age and understanding of the children.

Working with parents

We believe parents and carers are children's first educators.

Before the Year 5/6 puberty and sex education sessions, parents will be informed about the programme. Opportunities are provided to discuss the curriculum, ask questions and access resources to support conversations at home.

Further information

Our full Relationships and Sex Education (RSE) Policy and PSHE Policy are available on the school website or from the school office.

If you have any questions, please contact school and we will be happy to help.

- ☐ Safeguarding and Child Protection Policy
- ☐ 'Keeping Children Safe in Education'
- ☐ Anti-Bullying Policy
- ☐ Behaviour Policy and Written Statement of Principles
- ☐ Single Equality Policy and Objectives
- ☐ PSHE Policy
- ☐ RSE Policy

Monitoring and Review

The whole policy is available for all parents from the school office upon request and is also published on the school website. <http://www.wrens-nest.dudley.sch.uk/>

The Curriculum and Standards Committee of the Governors will review the policy annually unless current legislation is amended.