

Year 1

Autumn 1	Core Theme: Relationships Lesson Intent: All About Me Strands: R3, R4	Core Theme: Relationships Lesson Intent: People I Love Strands: R1, R2	Core Theme: Health and Wellbeing Lesson Intent: Keeping Healthy Strands: H1	Core Theme: Health and Wellbeing Lesson Intent: Foods that Support Good Health Strands: H2	Core Theme: Living in the Wider World Lesson Intent: Keeping Pets Safe Strands: L2	Core Themes: Health and Wellbeing Living in the Wider World Lesson Intent: Bonfire Night Safety Strands: H30, L3
Autumn 2	Core Theme: Living in the Wider World Lesson Intent: Remembrance Strands: L4	Core Theme: Health and Wellbeing Lesson Intent: I am Good At Strands: H23	Core Theme: Health and Wellbeing Lesson Intent: Road Safety Strands: H29	Core Theme: Relationships Lesson Intent: Who Are My Friends Strands: R6, R7, R8, R9	Core Theme: Health and Wellbeing Lesson Intent: I am Special Strands: H21, H22	Core Theme: Health and Wellbeing Lesson Intent: Things I Don't like about Myself Strands: H22
Spring 1	Core Theme: Living in the Wider World Lesson Intent: New Years Resolution Strands: L4, L6	Core Theme: Health and Wellbeing Lesson Intent: Things I can Do For Myself Strands: H24	Core Theme: Health and Wellbeing Lesson Intent: Feeling Proud Strands: H22	Core Theme: Health and Wellbeing Lesson Intent: I am Learning Strands: H24	Core Theme: Health and Wellbeing Lesson Intent: Likes and Dislikes Strands: H23	Core Themes: Health and Wellbeing Living in the Wider World Relationships Lesson Intent: Internet Safety Strands: H9, H28, H33, L7, L8, L9, R10, R14
Spring 2	Core Theme: Health and Wellbeing Lesson Intent: How to Keep Safe at Home Strands: H29	Core Theme: Living in the Wider World Lesson Intent: Dreams and Aspirations Strands: L2	Core Theme: Living in the Wider World Lesson Intent: Jobs Strands: L5, L15, L16, L17	Core Theme: Health and Wellbeing Lesson Intent: Helping Others Strands: H26	Core Theme: Health and Wellbeing Lesson Intent: Feeling Happy/Sad Strands: H11, H12	Core Theme: Relationships Lesson Intent: I Feel Loved When... Strands: R1, R2

Summer 1	Core Theme: Health and Wellbeing Lesson Intent: Feelings - What can you do to feel better? Strands: H17, H20	Core Theme: Health and Wellbeing Lesson Intent: How Do We Show Our Feelings? Strands: H14	Core Theme: Health and Wellbeing Lesson Intent: Uh-Oh Feelings. Strands: H13, H18	Core Theme: Health and Wellbeing Lesson Intent: Making Mistakes Strands: H19, H24	Core Theme: Health and Wellbeing Lesson Intent: Feelings, Feelings, Stealing, Swearing, Shouting Strands: H13, H18	Core Theme: Health and Wellbeing Lesson Intent: Sun Safety Strands: H8
Summer 2	Core Theme: Health and Wellbeing Relationships Lesson Intent: Keeping You Safe Strands: H33, R20	Core Theme: Relationships Lesson Intent: Dot's Helping Hand (trusted adults) Strands: R5	Core Theme: Health and Wellbeing Lesson Intent: Feeling Safe Poem Strands: H33	Core Theme: Health and Wellbeing Living in the Wider World Lesson Intent: Transition Strands: H27, L1	Core Theme: Health and Wellbeing Lesson Intent: Transition Strands: H27	Core Theme: Health and Wellbeing Lesson Intent: What are You Looking Forward to in Year2 Strands: H27

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Primary School

Year 2

Autumn 1	Core Themes: Relationships Lesson Intent: All About Me Strands: R3, R4, R19	Core Themes: Health and Wellbeing Lesson Intent: Hygiene And Germs Strands: H5	Core Themes: Health and Wellbeing Lesson Intent: Medicines and Vaccinations Strands: H6, H31, H37,	Core Themes: Health and Wellbeing Lesson Intent: Dentist and Dental Care Strands: H7	Core Themes: Health and Wellbeing Living in the Wider World Lesson Intent: Keeping Pets Safe Strands: H20, L2	Core Themes: Health and Wellbeing Living in the Wider World Lesson Intent: Bonfire Night Safety Strands: H30, L3
Autumn 2	Core Themes: Living in the Wider World Lesson Intent: Remembrance Strands: L4, L5	Core Themes: Relationships Lesson Intent: Stranger Danger Strands: R15, R16	Core Themes: Relationships Lesson Intent: Anti-Bully Week Strands: R8, R9, R10, R11, R12	Core Themes: Relationships Lesson Intent: Friends Strands: R6, R7, R8, R21, R22	Core Themes: Living in the Wider World Lesson Intent: Recycling Week Strands: L3	Core Themes: Relationships Lesson Intent: People Who I Love Strands: R2
Spring 1	Core Theme: Living in the Wider World Lesson Intent: New Years Resolution Strands: L4, L6	Core Themes: Health and Wellbeing Living in the Wider World Relationships Lesson Intent: I Am Special Strands: H21, L6, R23	Core Themes: Health and Wellbeing Lesson Intent: I Am Good At... Strands: H22	Core Themes: Health and Wellbeing Lesson Intent: Things I Like About Myself Strands: H22	Core Themes: Health and Wellbeing Lesson Intent: Feeling Proud Strands: H22	Core Themes: Health and Wellbeing Living in the Wider World Relationships Lesson Intent: Internet Safety Strands: H9, H28, H34, L7, L8, L9, R10, R14
Spring 2	Core Themes: Health and Wellbeing Lesson Intent: I Like Learning - My Best And My Worse. Strands: H23, H24	Core Themes: Health and Wellbeing Relationships Lesson Intent: Feelings And How We Show Them Strands: H11, H12, H15, H19 R20	Core Themes: Relationships Lesson Intent: Safe Space Strands: R20	Core Themes: Health and Wellbeing Lesson Intent: Helping Others Strands: H26	Core Themes: Health and Wellbeing Lesson Intent: Feeling Angry Strands: H12, H14	Core Themes: Health and Wellbeing Lesson Intent: Uh-Oh Feelings Strands: H13, H16, H18

Summer 1	Core Themes: Health and Wellbeing Lesson Intent: Water Safety Strands: H32	Core Themes: Relationships Lesson Intent: Secrets and Surprises Strands: R5, R13, R18	Core Themes: Relationships Lesson Intent: Dot's Special Secrets Strands: R5, R13	Core Themes: Health and Wellbeing Lesson Intent: Sleep and Dreams Strands: H4,H17	Core Themes: Living in the Wider World Lesson Intent: What are Your Dreams For The Future? Strands: L15, L16,L17	Core Themes: Health and Wellbeing Lesson Intent: Sun Safety Strands: H8
Summer 2	Core Themes: Relationships Lesson Intent: Dot's Helping Hands Strands: R5	Core Themes: Health and Wellbeing Relationships Lesson Intent: People Who Keep You Safe Strands: H10, H33, R1	Core Themes: Health and Wellbeing Lesson Intent: Feelings Poem Strands: H33,	Core Themes: Health and Wellbeing Living in the Wider World Lesson Intent: Transition Strands: H27, L1	Core Themes: Health and Wellbeing Lesson Intent: Transition Strands: H9 H27	Core Themes: Health and Wellbeing Lesson Intent: What Are You Looking Forward To In Year 3? Strands: H27

Wrens Nest
Primary School

Year 3

Autumn 1	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: I am Special</p> <p>Strands: H21</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: Living in the Wider World</p> <p>Lesson Intent: Some Things I Like About Myself</p> <p>Strands: H21 L25</p>	<p>Core Theme: Relationships</p> <p>Lesson Intent: When I am with my friends, we like to...</p> <p>Strands: R17 R10 R16 R18</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: Living in the Wider World</p> <p>Lesson Intent: I am good at...</p> <p>Strands: H25 H26 H27 H28 L25</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: Living in the Wider World</p> <p>Lesson Intent: I felt proud of myself when...</p> <p>Strands: H25 H27 H28 L25</p>	<p>Core Themes: Health and Wellbeing</p> <p>Lesson Intent: Living in the Wider World</p> <p>Lesson Intent: Things I can do for myself</p> <p>Strands: H27 H28 L25</p>
Autumn 2	<p>Core Theme: Health and Wellbeing Relationships</p> <p>Lesson Intent: Being Different</p> <p>Strands: H26 R32</p>	<p>Core Theme: Health and Wellbeing Relationships</p> <p>Lesson Intent: The Differences We See In Others</p> <p>Strands: H26 R32</p>	<p>Core Theme: Living in the Wider World</p> <p>Lesson Intent: Relationships</p> <p>Lesson Intent: Living Together</p> <p>Strands: L6 L7 L8 R33</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: Feelings?</p> <p>Strands: H17 H18 H19 H20</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: How do you feel today?</p> <p>Strands: H17 H18 H19 H20</p>	<p>Core Themes: Health and Wellbeing</p> <p>Lesson Intent: How do we show our feelings?</p> <p>Strands: H17 H18 H19 H20</p>
Spring 1	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: We have different feelings at different times</p> <p>Strands: H17 H18 H19 H20</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: How do others show us how they feel?</p> <p>Strands: H17 H18 H19 H20</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: Why do people hide their feelings?</p> <p>Strands: H17 H18 H19 H20</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: Feeling Safe</p> <p>Strands: H37 H42</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: My Imaginary Safe Place</p> <p>Strands: H32 H42</p>	<p>Core Themes: Living in the Wider World</p> <p>Lesson Intent: Valuing our Money</p> <p>Strands: L24</p>
Spring 2	<p>Core Theme: Living in the Wider World</p> <p>Lesson Intent: Keeping our money safe</p> <p>Strands: L13 L21 L22</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: Keeping my home and body clean and safe</p> <p>Strands: H9 H11</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: My 'Uh-Oh' signs</p> <p>Strands: H38</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: Who can we tell?</p> <p>Strands: H37</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: In an emergency, who can we tell?</p> <p>Strands: H37 H44</p>	<p>Core Themes: Health and Wellbeing</p> <p>Lesson Intent: Dots helping hand</p> <p>Strands: H37</p>

Summer 1	Core Theme: Relationships Lesson Intent: What could someone do if...? Strands: R34	Core Theme: Health and Wellbeing Lesson Intent: Feeling Angry Strands: H18 H19 H20	Core Theme: Health and Wellbeing Lesson Intent: Letting out anger Strands: H18 H19 H20	Core Theme: Relationships Living in the Wider World Lesson Intent: Secrets and Surprises Strands: R18 R27 L15	Core Theme: Health and Wellbeing Living in the Wider World Lesson Intent: Relationships Lesson Intent: My Social Media Safety Rules Strands: H13 H42 L1 L11 L12 L13 R27 R23 R31	Core Theme: Health and Wellbeing Living in the Wider World Lesson Intent: Relationships Lesson Intent: My Social Media Safety Rules Strands: H13 H42 L1 L11 L12 L13 R27 R23 R31
Summer 2	Core Theme: Health and Wellbeing Lesson Intent: Sending an Email Strands: H21	Core Theme: Health and Wellbeing Lesson Intent: Keeping you safe Strands: H44	Core Theme: Relationships Health and Wellbeing Living in the Wider World Lesson Intent: Dots Final Quiz Strands:	Core Theme: Health and Wellbeing Lesson Intent: Adults we trust is discussed each lesson How to have a healthy mind and body enrichment day Strands: H14 H1 - H11		

Year 4

Autumn 1	<p>Core Theme: Health and Wellbeing</p> <p>Living in the Wider World</p> <p>Lesson Intent: I am special!</p> <p>Strands: H21 L25</p>	<p>Core Theme: Relationships</p> <p>Lesson Intent: Getting Creative</p> <p>Strands: R1</p>	<p>Core Theme: Relationships</p> <p>Living in the Wider World</p> <p>Lesson Intent: Keeping Healthy</p> <p>Strands: R18 L25</p>	<p>Core Theme: Relationships</p> <p>Living in the Wider World</p> <p>Lesson Intent: How are we similar?</p> <p>Strands: R32 L2</p>	<p>Core Theme: Living in the Wider World</p> <p>Lesson Intent: Gratitude - what does it mean?</p> <p>Strands: L2</p>	<p>Core Themes: Relationships</p> <p>Lesson Intent: Helping others around the world</p> <p>Strands: R33</p>
Autumn 2	<p>Core Theme: Living in the Wider World</p> <p>Lesson Intent: Helping animals</p> <p>Strands: L2 L4 L5</p>	<p>Core Theme: Living in the Wider World</p> <p>Lesson Intent: What do I feel proud of?</p> <p>Strands: L25</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: My feelings - dealing with fear</p> <p>Strands: H19 H20</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: My 'Uh-Oh' signs</p> <p>Strands: H38</p>	<p>Core Theme: Health and Wellbeing</p> <p>Lesson Intent: Worrying</p> <p>Strands: H38 H39</p>	<p>Core Themes: Health and Wellbeing</p> <p>Lesson Intent: Changes</p> <p>Strands: H19 H20</p>
Spring 1	<p>Core Theme: Relationships</p> <p>Living in the Wider World</p> <p>Lesson Intent: Respect and valuing yourself</p> <p>Strands: R32 L25</p>	<p>Core Theme: Living in the Wider World</p> <p>Lesson Intent: The emergency services</p> <p>Strands: L1 L7</p>	<p>Core Theme: Living in the Wider World</p> <p>Lesson Intent: Making choices about who we can tell</p> <p>Strands: L12</p>	<p>Core Theme: Living in the Wider World</p> <p>Lesson Intent: In the community</p> <p>Strands: L5 L6 L7 L8</p>	<p>Core Theme: Living in the Wider World</p> <p>Lesson Intent: Help the environment</p> <p>Strands: L5</p>	<p>Core Themes: Health and Wellbeing</p> <p>Lesson Intent: Dealing with feelings</p> <p>Strands: H19 H20 H17</p>
Spring 2	<p>Core Theme: Relationships</p> <p>Living in the Wider World</p> <p>Lesson Intent: Me and my friends</p>	<p>Core Theme: Living in the Wider World</p> <p>Lesson Intent: The emergency services</p>	<p>Core Theme: Living in the Wider World</p> <p>Lesson Intent:</p>	<p>Core Theme: Living in the Wider World</p> <p>Lesson Intent: In the community</p> <p>Strands:</p>	<p>Core Theme: Living in the Wider World</p> <p>Lesson Intent: Help the environment</p> <p>Strands:</p>	<p>Core Themes: Health and Wellbeing</p> <p>Lesson Intent: Dealing with feelings</p> <p>Strands: H19 H20 H17</p>

	Strands: R32 L25	Strands: L1 L7	Making choices about who we can tell Strands: L12	L5 L6 L7 L8	L5	
Summer 1	Core Theme: Living in the Wider World Lesson Intent: My community Strands: L5 L6 L7 L8	Core Theme: Health and Wellbeing Lesson Intent: The emergency services Strands: H16 H40	Core Theme: Living in the Wider World Lesson Intent: Things we use in the home Strands: L12	Core Theme: Health and Wellbeing Lesson Intent: Drugs Strands: H40 H46 H47 H48 H49 H50	Core Theme: Relationships Lesson Intent: Living together Strands: R1 R2 R3 R5 R6 R7 R8 R9	Core Themes: Living in the Wider World Lesson Intent: Why do I need to go to school? Strands: L1 L2 L25 L27
Summer 2	Core Theme: Relationships Lesson Intent: My home Strands: R1 R3 R2 R4 R5 R6 R7 R8 R9 R11	Core Theme: Living in the Wider World Lesson Intent: Managing money Strands: L17 L18 L19 L23 - 32	Core Theme: Living in the Wider World Lesson Intent: Looking after our possessions Strands: L19	Core Theme: Living in the Wider World Lesson Intent: What are my dreams? Strands: L25 L27 L31	Core Theme: Health and Wellbeing Lesson Intent: People who can help us? Strands: H37 H44	Core Themes: Living in the Wider World Health and Wellbeing Relationships Lesson Intent: Dot's Final Quiz

Year 5

Autumn 1	Core Theme: Health and Wellbeing Lesson Intent: What are values? Strands: H25 H27 H28	Core Theme: Health and Wellbeing Relationships Lesson Intent: Why are values important? Strands: H25 H27 H28 R32	Core Theme: Health and Wellbeing Relationships Lesson Intent: Value of religion Strands: H25 H27 H28 R31 R32 R33
Autumn 2	Core Theme: Health and Wellbeing Living in the Wider World Lesson Intent: Rights for every child Strands: H35 L2 L7 L3	Core Theme: Health and Wellbeing Living in the Wider World Lesson Intent: Rights and responsibilities for children Strands: H25 L2 L3	Core Theme: Relationships Lesson Intent: Value of love, honour and courage Strands: R5
Spring 1	Core Theme: Relationships Lesson Intent: Value of love, honour and courage Strands: R5	Core Theme: Relationships Lesson Intent: Value of friendship Strands: R10 R11 R14	Core Theme: Relationships Lesson Intent: Shared values in friendship Strands: R10 R11 R14
Spring 2	Core Theme: Relationships Lesson Intent: Group and gangs Strands: R15	Core Theme: Relationships Health and Wellbeing Lesson Intent: Value of being in group/gang Strands: R15 H37 H38	Core Theme: Relationships Lesson Intent: Negative values of being in a group/gang Strands: R15 R18 R21 R30 R31
Summer 1	Core Theme: Relationships Lesson Intent: Bullying Strands: R19 R21	Core Theme: Relationships Health and Wellbeing Lesson Intent: Bullying - different perspectives Strands:	Core Theme: Relationships Lesson Intent: Negative values of being in a group/gang Strands: R15 R18 R21 R30 R31

		R15 H37 H38	
Summer 2	Core Theme: Relationship Health and Wellbeing Lesson Intent: Behaviour of friends Strands: R28 H37 328	Core Theme: Relationships Lesson Intent: Feelings Strands: R19 R20	Core Theme: Relationships Lesson Intent: Feeling angry Strands: R20

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Year 6

Autumn 1	Core Theme: Relationships Lesson Intent: Weapons Strands: R27 R28 R29	Core Theme: Relationships Lesson Intent: Consequences of weapons Strands: R27 R28 R29	Core Theme: Health and Wellbeing Relationships Lesson Intent: Value of life Strands: H24 H23
Autumn 2	Core Theme: Health and Wellbeing Lesson Intent: Value of life - emotions Strands: H23 H24	Core Theme: Health and Wellbeing Lesson Intent: Value of law - drugs, laws Strands: H46 -H50	Core Theme: Health and Wellbeing Lesson Intent: Value of law - crime Strands: H46 -H50
Spring 1	Core Theme: Relationships Lesson Intent: Bullying Strands: R21 R19	Core Theme: Relationships Lesson Intent: Bullying, hate, race and crime Strands: R19 R20	Core Theme: Relationships Lesson Intent: Value of team work Strands: R10 R11
Spring 2	Core Theme: Health and Wellbeing Lesson Intent: Emergency services Strands: H44	Core Theme: Health and Wellbeing Lesson Intent: What is a valuable number? Strands: H44	Core Theme: Relationships Health and Wellbeing Lesson Intent: Reporting crime Strands: H44 R29
Summer 1	Core Theme: Health and Wellbeing Lesson Intent: Doing the right thing Strands: H38	Core Theme: Living in the Wider World Lesson Intent: Value of money Strands: L18 L20 L22	Core Theme: Health and Wellbeing Lesson Intent: Making decisions Strands: H38

Summer 2	Core Theme: Living in the Wider World Lesson Intent: Values that help us live together Strands: L4 L5 L6 L7 L8	Core Theme: Living in the Wider World Lesson Intent: Making a difference Strands: L7 L5	Core Theme: Relationships Living in the Wider World Health and Wellbeing Lesson Intent: Protective Behaviours Strands: R30 H37 L9 L10

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