



WREN'S NEST PRIMARY SCHOOL

School Key Policy for 2026-2027

Personal, Social, Health and Citizenship Education (PSHE) Policy

September 2026

Document to be read in conjunction with ***other key school policies (listed within document)***



- Every class receives a planned, timetabled PSHE lesson each week. Lessons are informed by Department for Education guidance, statutory Relationships Education and Health Education requirements, and best practice guidance from the PSHE Association.
 - PSHE is also delivered through cross-curricular learning opportunities, including Science, Geography, Religious Education, English, History, Computing, First Aid and financial education.
 - PSHE themes are reinforced throughout the school day as questions, events and situations arise. Additional Circle Time, class discussions or 'Big Question' sessions may be used to respond to emerging issues, current affairs or pupils' needs.
 - Whole-school and class assemblies provide regular opportunities to promote pupils' spiritual, moral, social and cultural development, reinforce school values, celebrate achievements and address relevant local, national and global issues.
 - Teachers will, where appropriate, build upon assembly themes within PSHE lessons and across the wider curriculum to deepen pupils' understanding and encourage meaningful discussion. (Refer to Appendix B for coverage.)
 - The Dot Com Children's Foundation programme is used from Year 1 to Year 6 to support children's personal development, safeguarding awareness and understanding of personal safety. (Refer to Appendix B for coverage.)
 - The PSHE curriculum is organised around the three core themes identified by the PSHE Association:
 - Health and Wellbeing
 - Relationships
 - Living in the Wider World
- These themes ensure comprehensive coverage of PSHE education and support pupils in developing the knowledge, understanding and skills required to stay safe, healthy and prepared for life beyond primary school. (Refer to Appendix D for curriculum coverage.)

Teaching and learning strategies

A range of teaching and learning strategies are used across the curriculum:-

- During timetabled PSHE time, an emphasis is placed on active learning through planned discussions, circle-time, Big Questions, investigations, role-play activities, puppets, group-work and discussions and problem-solving.
- Teachers are supported in the delivery of PSHE using the Dot Com scheme of work.
- All teachers will endeavour to provide a safe learning environment through the establishment of clear Ground Rules which are made explicit to the children and reinforced consistently. Visiting speakers such as the police, fire service and health workers/Dogs Trust also contribute to the taught curriculum.
- Beyond timetabled PSHE lessons, pupils are supported in applying the skills they are learning, in real-life situations as they arise: e.g. resolving conflicts; working as part of a group on a project.
- Children are encouraged to take part in a range of practical activities to promote active citizenship, e.g. charity fund-raising; the planning of special events at school; agreeing class rules; class council meetings; recycling and reusing; and by taking on roles of responsibility for themselves, for others and for the school. This is supported by our Pupil Parliament Ministers.
- Through lessons and after school clubs children are made aware of how to live a healthy lifestyle and are encouraged to follow a healthy living programme by the NHS Change4life scheme.

How We Teach Children to Keep Themselves Safe

The Dot Com Children's Foundation programme is used from Year 1 to Year 6 to support children in developing the knowledge, understanding and confidence they need to make safe and informed decisions. The programme forms part of our wider safeguarding and PSHE curriculum and helps children recognise situations that may place them at risk, understand their rights, and know how to seek help when needed.

PSHE, Relationships Education and Health Education provide opportunities for children to learn about personal safety, healthy relationships, emotional wellbeing and safeguarding. Through these areas of learning, pupils are taught how to stay safe both offline and online and how to access support when required.

As part of developing a healthy and safer lifestyle, pupils are taught:

- ✓ to recognise and manage risks in a range of situations and make responsible choices;
- ✓ to identify trusted adults and know how and where to seek help if they feel worried, unsafe or uncomfortable;
- ✓ to recognise and understand the difference between appropriate and inappropriate physical contact;
- ✓ to recognise when pressure from others, including peers, family members or people they know, may threaten their safety, wellbeing or personal boundaries;
- ✓ to develop confidence and assertiveness skills to resist unwanted pressure and make safe choices;
- ✓ to understand the importance of personal boundaries, privacy and consent in an age-appropriate manner;
- ✓ to recognise unsafe situations both in person and online, including inappropriate contact, online risks and unsafe behaviour;
- ✓ to understand how to stay safe when using the internet, social media, online gaming platforms and digital devices;
- ✓ to feel empowered to ask for help and understand that seeking support is a positive and responsible action;
- ✓ to develop the vocabulary and confidence needed to communicate worries, concerns or safeguarding issues.

Children are encouraged to understand that their feelings are important and valued. Staff foster an environment where children feel safe to express concerns and seek support. Pupils are also helped to understand that adults cannot always keep information private if there is a concern that a child may be at risk of harm, and that safeguarding concerns must be shared with appropriate staff to ensure children are protected.

The Dot Com programme teaches children to recognise "Uh-Oh" feelings, helping them identify situations that make them feel worried, uncomfortable or unsafe. This understanding is developed progressively throughout their time at Wren's Nest Primary School.

Some safeguarding issues, such as domestic abuse, neglect, exploitation, bullying and harmful behaviour, can be difficult to address directly in the classroom. Through age-appropriate discussions about personal safety, healthy relationships and seeking help, children learn that abuse, violence and harmful behaviour are never acceptable and that support is available.

As part of a preventative curriculum, the Dot Com programme includes the "Values Versus Violence" programme for pupils in Years 5 and 6. This programme helps children develop an awareness of risk, personal safety, healthy relationships and strategies for managing challenging situations safely.

Children are taught that it is always acceptable to talk about their worries, concerns or problems. They are regularly reminded of trusted adults within school and signposted to appropriate sources of support. Staff delivering these lessons recognise that safeguarding concerns may arise and follow the school's safeguarding and child protection procedures where necessary.

The Dot Com programme may also be used to provide targeted support and intervention for individual pupils where appropriate.
(See Appendix C)

The Team of Learning Mentors at Wren's Nest

We have a skilled team of Learning Mentors at Wren's Nest whose role is to help remove barriers to learning and support pupils' personal, social and emotional development. Learning Mentors work with children who have been referred for support either on an individual basis or as part of a small group intervention.

Learning Mentors may support children with a range of needs including self-esteem, emotional wellbeing, social skills, friendships, aspirations, personal organisation, attendance, behaviour regulation, resilience, confidence and self-advocacy.

Where children require more specialist intervention, such as counselling, bereavement support, domestic abuse support or other targeted services, the school works in partnership with appropriate external agencies and professionals. These may include Educational Psychology Services, family support services, health professionals and other specialist support agencies, as appropriate.

Learning Mentor interventions are reviewed regularly, with progress and impact monitored and shared with relevant staff and parents/carers where appropriate.

Equality, Inclusion and Accessibility

All pupils are entitled to access the PSHE curriculum. At Wren's Nest Primary School, we are committed to ensuring that PSHE education is inclusive, accessible and relevant to all learners. Resources and teaching materials reflect the diversity of modern Britain and promote equality, respect and inclusion. We actively challenge stereotypes, prejudice and discrimination and encourage pupils to value and celebrate differences within our school community and wider society.

Appropriate adaptations are made to ensure that all pupils, including those with Special Educational Needs and Disabilities (SEND), can access and participate fully in learning opportunities.

All pupils are given the opportunity to participate in PSHE learning regardless of age, sex, disability, race, religion or belief, sexual orientation, gender reassignment, pregnancy or maternity status, marriage or civil partnership status, socioeconomic background or family circumstances.

Community Links

Working in partnership with parents, carers and the wider community is an essential element of effective PSHE education. We seek to involve parents and carers in their children's learning and keep them informed through newsletters, school communications, parent consultations, workshops and other engagement opportunities.

Parents and carers are encouraged to contact the school whenever they have concerns or wish to discuss their child's wellbeing, learning or development. We actively promote our 'Open Door' approach and value positive home-school partnerships.

We foster links with the wider community through partnerships with local organisations, community groups, faith communities, health and wellbeing services, sports providers, educational services, local authority teams, police and community support officers, and children's and family support services. These partnerships help enrich our curriculum, promote community engagement and provide pupils with meaningful opportunities to develop their understanding of the wider world.

Protected Characteristics

The Equality Act 2010 protects individuals from discrimination, harassment and victimisation. The Act promotes equality of opportunity and helps ensure that everyone is treated fairly and with respect.

Under the Equality Act 2010, there are nine protected characteristics:

- Age
- Disability
- Gender reassignment
- Race
- Religion or belief
- Marriage and civil partnership
- Sex
- Sexual orientation
- Pregnancy and maternity

At Wren's Nest Primary School, we are committed to promoting equality, diversity and inclusion. Through our PSHE curriculum, wider curriculum and school ethos, we help pupils develop an understanding of respect, fairness and acceptance of others.

Our teaching is age-appropriate and supports children in understanding that everyone should be treated with dignity and respect. We encourage pupils to celebrate diversity, challenge stereotypes and discrimination, and recognise the value that different people and experiences bring to our school community.

We are committed to creating an environment where all children feel safe, valued, included and able to thrive, regardless of their background, identity, family circumstances, beliefs or individual characteristics.

At Wren's Nest we promote the message that:

- There are no outsiders at Wren's Nest.
- Everyone is different.
- We celebrate our differences.
- We are all equal in our differences.

To support this work, children engage with a range of carefully selected, age-appropriate texts, stories, assemblies and learning experiences that encourage discussion, understanding and respect for the protected characteristics. These resources are reviewed regularly to ensure they remain appropriate, inclusive and reflective of modern Britain.

(See Appendix E for supporting resources.)

Links with Other policies

The PSHE Policy links closely with a range of other policies to provide a coherent package of provision for Children at Wrens Nest:

- Relationships and Sex Education - Parent Summary
- RSE Policy
- Bereavement Policy
- Child Protection Policy
- Anti-bullying Policy
- Parent Partnership Policy
- Behaviour Policy and Principles
- Sun Protection Policy
- Equality Policy
- Online Safety Policy

Monitoring information:

- The policy will be promoted and implemented throughout the school by all staff. The school will review this policy through the Curriculum and Standards committee annually and assess its implementation and effectiveness.

Date: September 2026

Date of review: September 2027



PSHE at Wren's Nest Primary School

At Wren's Nest Primary School, Personal, Social and Health Education, (PSHE) prepares our children for the future ahead of them, it helps them to understand that they are part of a community. PSHE is timetabled weekly, although issues covered in the lessons are discussed with the children throughout the wider curriculum, including whole school and class assemblies. By following the 'Dot Com' programme, children learn how to value themselves and others, making good life choices. This programme helps the children at Wren's Nest learn valuable life skills and develop strategies to deal with 'risky situations.' It is important that our children feel safe and confident so they can fulfil their potential and achieve in line with their peers nationally.	 Big Ideas ✓ Values ✓ Rights and Responsibilities ✓ Bullying ✓ Teamwork ✓ Emotions ✓ Decisions ✓ Behaviours ✓ Feeling ✓ Friends ✓ Consequences	 Content and Sequencing ✓ EVFS – Children see themselves as a valuable individual building constructive and respectful relationships. Children begin to understand what is right and wrong and start to realise the consequences of these to behaviours. ✓ Years 1 and 2 – Children learn how important they are and why they are special. They learn about their feelings, families and friends. They discuss their 'helping hand network' and their aspirations for the future. ✓ Years 3 and 4 – In Lower Key Stage 2 children build on their work from years 1 and 2. In addition, they look at their rights and responsibilities, changes when someone goes away and risks within their homes. They also start to consider the impact of drugs and alcohol, and the community in which they live. ✓ Years 5 and 6 – For our oldest children, the Dot Com scheme considers the choices children have and the consequences of making those choices, good or bad. They consider the laws we all need to abide by and the consequences of carrying weapons. ✓ All Years – Themes running through every year group consider the children themselves, highlighting how important we all are and the need to respect ourselves.
 Cross curricular links ✓ Direct links with: - o History - o Literature - o British Values - o Religious Education - o Geography - o Enrichment activities - o Learning Mentor Team - o External Agencies such as the Police or Fire Service ✓ Wren's Nest Schemas of Food, Fashion and Technology.	 Retrieval ✓ Quizzes ✓ Tasks and activities ✓ Big Questions ✓ Schemas ✓ Debates ✓ Role Play	 Progress ✓ Low-stake quizzes ✓ Hinge Questions ✓ Pre-Topic Mind Maps ✓ End of unit challenges ✓ Formative assessments ✓ Children's books ✓ Content mapping of the skills and knowledge of the curriculum ✓ Transfer of skills and knowledge  Support ✓ Inclusion for all children. ✓ Children in provision sets to access strength lessons in year groups ✓ Differentiated activities based on skills and knowledge. ✓ Groups across school ✓ Adult support in the classrooms ✓ Learning Mentor Team ✓ External Agencies ✓ Whole School and Class Assemblies

Appendix A

PSHE: Progression at Wren's Nest

Year group	Reception	Year 1 Dot Com 2.2, 3.1, 3.2	Year 2 Dot Com 3.1 and 3.2	Year 3- Dot Com Helping Hands	Year 4- Dot Com Making the best of Me	Year 5- Dot Com – Values Verses Violence	Year 6- Dot Com – Looking @ Risk
Autumn 1.1	Looking After Our Environment	Feelings	Relationship s	What Makes Me Special What I Am Proud Of	Being Special And Unique Respecting Others And The World Around Us.	Values	Being Special Differences Living Together
Autumn 1.2	Relationships	Safety	Feelings	Positive And Negative Feelings My Values Values Of Others	Dealing With Fears/ Dangers	Groups And Gangs Bullying Negative Behaviour s	Our And Others Values Safety
Spring 2.1	Keeping Safe (Stranger Danger)	My Relationship s	Safety	Choices Rights And Responsibilitie s	Respect And Values Choices The Community	Weapons The Value Of Life The Law	Risks And Early Warning Signs How The Body Works And Risks To The Body Including Alcohol And Drugs
Spring 2.2	Healthy Living	Dot Com – All About Me What Makes Me Special	Team Building	Early Warning Signs Uh Oh Signs People Who Help Us	Emergency Services / People Who Help Us Feelings / Secrets	Emergency Services Team Work Reporting A Crime	Influences – Crime The Emergency Services
Summer 3.1	Dot Com Links Feelings And Emotions	Dot Com Dreams And Aspirations Feelings	Dot Com All About Me Feelings	Safety: Road, Personal Safety / Social Media	Social Media Choices	Rights And Responsibi lities Value Of Money Positive Thinking	Keeping Safe Weapons Consequenc es / Decision Making
Summer 3.2	Dot Com Links I Am Special I Am Unique	Dot Com -+ Dealing With Risky Situations Keeping Safe	Dot Com – Early Warning Signs Secrets And Safety	Secrets Differences Emergency Services	Health Value Of Money Decisions And Consequences	Making Decisions Keeping Safe- Social Media – Personal Safety	Sex And Relationship Education

Year Group 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Autumn 1	Core Theme: Relationships Lesson Intent: All About Me Strands: R3, R4	Core Theme: Relationships Lesson Intent: People I Love Strands: R1, R2	Core Theme: Health and Wellbeing Lesson Intent: Keeping Healthy Strands: H1	Core Theme: Health and Wellbeing Lesson Intent: Foods that Support Good Health Strands: H2	Core Theme: Living in the Wider World Lesson Intent: Keeping Pets Safe Strands: L2	Core Theme: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: Bonfire Night Safety Strands: H30, L3
Autumn 2	Core Theme: Living in the Wider World Lesson Intent: Remembrance Strands: L4	Core Theme: Health and Wellbeing Lesson Intent: I am Good At Strands: H23	Core Theme: Health and Wellbeing Lesson Intent: Road Safety Strands: H29	Core Theme: Relationships Lesson Intent: Who Are My Friends Strands: R6, R7, R8, R9	Core Theme: Health and Wellbeing Lesson Intent: I am Special Strands: H21, H22	Core Theme: Health and Wellbeing Lesson Intent: Things I Don't like about Myself Strands: H22
Spring 1	Core Theme: Living in the Wider World Lesson Intent: New Years Resolution Strands: L4, L6	Core Theme: Health and Wellbeing Lesson Intent: Things I can Do For Myself Strands: H24	Core Theme: Health and Wellbeing Lesson Intent: Feeling Proud Strands: H22	Core Theme: Health and Wellbeing Lesson Intent: I am Learning Strands: H24	Core Theme: Health and Wellbeing Lesson Intent: Likes and Dislikes Strands: H23	Core Theme: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: Relationships Lesson Intent: Internet Safety Strands: H9, H28, H33, L7, L8, L9, R10, R14
Spring 2	Core Theme: Health and Wellbeing Lesson Intent: How to Keep Safe at Home Strands: H29	Core Theme: Living in the Wider World Lesson Intent: Dreams and Aspirations Strands: L2	Core Theme: Living in the Wider World Lesson Intent: Jobs Strands: L5, L15, L16, L17	Core Theme: Health and Wellbeing Lesson Intent: Helping Others Strands: H26	Core Theme: Health and Wellbeing Lesson Intent: Feeling Happy/Sad Strands: H11, H12	Core Theme: Relationships Lesson Intent: I Feel Loved When... Strands: R1, R2
Summer 1	Core Theme: Health and Wellbeing Lesson Intent: Feelings - What can you do to feel better? Strands: H17, H20	Core Theme: Health and Wellbeing Lesson Intent: How Do We Show Our Feelings? Strands: H14	Core Theme: Health and Wellbeing Lesson Intent: Uh-Oh Feelings Strands: H13, H18	Core Theme: Health and Wellbeing Lesson Intent: Making Mistakes Strands: H19, H24	Core Theme: Health and Wellbeing Lesson Intent: Feelings, Feelings, Stealing, Swearing, Shouting Strands: H13, H18	Core Theme: Health and Wellbeing Lesson Intent: Sun Safety Strands: H8
Summer 2	Core Theme: Health and Wellbeing Lesson Intent: Keeping You Safe Strands: H33, R20	Core Theme: Relationships Lesson Intent: Dad's Helping Hand (trusted adults) Strands: R5	Core Theme: Health and Wellbeing Lesson Intent: Feeling Safe Poem Strands: H33	Core Theme: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: Transition Strands: H27, L1	Core Theme: Health and Wellbeing Lesson Intent: Transition Strands: H27	Core Theme: Health and Wellbeing Lesson Intent: What are You Looking Forward to in Year 2 Strands: H27

Year Group 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Autumn 1	Core Themes: Relationships Lesson Intent: All About Me Strands: R3, R4, R19	Core Themes: Health and Wellbeing Lesson Intent: Hygiene And Germs Strands: H5	Core Themes: Health and Wellbeing Lesson Intent: Medicines and Vaccinations Strands: H6, H31, H37	Core Themes: Health and Wellbeing Lesson Intent: Dentist and Dental Care Strands: H7	Core Themes: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: Keeping Pets Safe Strands: H20, L2	Core Themes: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: Bonfire Night Safety Strands: H30, L3
Autumn 2	Core Themes: Living in the Wider World Lesson Intent: Remembrance Strands: L4, L5	Core Themes: Relationships Lesson Intent: Stranger Danger Strands: R15, R16	Core Themes: Relationships Lesson Intent: Anti-Bully Week Strands: R8, R9, R10, R11, R12	Core Themes: Relationships Lesson Intent: Friends Strands: R6, R7, R8, R21, R22	Core Themes: Living in the Wider World Lesson Intent: Recycling Week Strands: L3	Core Themes: Relationships Lesson Intent: People Who I Love Strands: R2
Spring 1	Core Theme: Living in the Wider World Lesson Intent: New Years Resolution Strands: L4, L6	Core Themes: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: Relationships Lesson Intent: I Am Special Strands: H21, L6, R23	Core Themes: Health and Wellbeing Lesson Intent: I Am Good At... Strands: H22	Core Theme: Health and Wellbeing Lesson Intent: Things I Like About Myself Strands: H22	Core Themes: Health and Wellbeing Lesson Intent: Feeling Proud Strands: H22	Core Themes: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: Relationships Lesson Intent: Internet Safety Strands: H9, H28, H34, L7, L8, L9, R10, R14
Spring 2	Core Themes: Health and Wellbeing Lesson Intent: I Like Learning - My Best And My Worst Strands: H23, H24	Core Themes: Health and Wellbeing Lesson Intent: Feelings And How We Show Them Strands: H11, H12, H15, H19, R20	Core Themes: Relationships Lesson Intent: Safe Space Strands: R20	Core Themes: Health and Wellbeing Lesson Intent: Helping Others Strands: H26	Core Themes: Health and Wellbeing Lesson Intent: Feeling Angry Strands: H12, H14	Core Themes: Health and Wellbeing Lesson Intent: Uh-Oh Feelings Strands: H13, H16, H18
Summer 1	Core Themes: Health and Wellbeing Lesson Intent: Water Safety Strands: H32	Core Themes: Relationships Lesson Intent: Secrets and Surprises Strands: R5, R13, R18	Core Themes: Relationships Lesson Intent: Dad's Special Secrets Strands: R5, R13	Core Themes: Health and Wellbeing Lesson Intent: Sleep and Dreams Strands: H4, H17	Core Themes: Living in the Wider World Lesson Intent: What are Your Dreams For The Future? Strands: L15, L16, L17	Core Themes: Health and Wellbeing Lesson Intent: Sun Safety Strands: H8
Summer 2	Core Themes: Relationships Lesson Intent: Dad's Helping Hands Strands: R5	Core Themes: Health and Wellbeing Lesson Intent: People Who Keep You Safe Strands: H10, H33, R1	Core Themes: Health and Wellbeing Lesson Intent: Feelings Poem Strands: H33	Core Themes: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: Transition Strands: H27, L1	Core Themes: Health and Wellbeing Lesson Intent: Transition Strands: H9, H27	Core Themes: Health and Wellbeing Lesson Intent: What Are You Looking Forward To In Year 3? Strands: H27

Year Group 3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Autumn 1	Core Theme: Health and Wellbeing Lesson Intent: I am Special Strands: H21	Core Theme: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: Some Things I Like About Myself Strands: H21 L25	Core Theme: Relationships Lesson Intent: When I am with my friends, we like to... Strands: R17 R10 R16 R18	Core Theme: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: I am good at... Strands: H25 H26 H27 H28 L25	Core Theme: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: I felt proud of myself when... Strands: H25 H27 H28 L25	Core Theme: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: Things I can do for myself Strands: H27 H28 L25
Autumn 2	Core Theme: Health and Wellbeing Lesson Intent: Relationships Lesson Intent: Being Different Strands: H26 R32	Core Theme: Health and Wellbeing Lesson Intent: Relationships Lesson Intent: The Differences We See In Others Strands: H26 R32	Core Theme: Living in the Wider World Lesson Intent: Relationships Lesson Intent: Living Together Strands: L6 L7 L8 R33	Core Theme: Health and Wellbeing Lesson Intent: Feelings? Strands: H17 H18 H19 H20	Core Theme: Health and Wellbeing Lesson Intent: How do you feel today? Strands: H17 H18 H19 H20	Core Theme: Health and Wellbeing Lesson Intent: How do we show our feelings? Strands: H17 H18 H19 H20
Spring 1	Core Theme: Health and Wellbeing Lesson Intent: We have different feelings at different times Strands: H17 H18 H19 H20	Core Theme: Health and Wellbeing Lesson Intent: How do others show us how they feel? Strands: H17 H18 H19 H20	Core Theme: Health and Wellbeing Lesson Intent: Why do people hide their feelings? Strands: H17 H18 H19 H20	Core Theme: Health and Wellbeing Lesson Intent: Feeling Safe Strands: H37 H42	Core Theme: Health and Wellbeing Lesson Intent: My Imaginary Safe Place Strands: H32 H42	Core Theme: Living in the Wider World Lesson Intent: Valuing our Money Strands: L24
Spring 2	Core Theme: Living in the Wider World Lesson Intent: Keeping our money safe Strands: L13 L21 L22	Core Theme: Health and Wellbeing Lesson Intent: Keeping my home and body clean and safe Strands: H9 H11	Core Theme: Health and Wellbeing Lesson Intent: My 'Uh-Oh' signs Strands: H38	Core Theme: Health and Wellbeing Lesson Intent: Who can we tell? Strands: H37	Core Theme: Health and Wellbeing Lesson Intent: In an emergency, who can we tell? Strands: H37 H44	Core Theme: Health and Wellbeing Lesson Intent: Dots helping hand Strands: H37
Summer 1	Core Theme: Relationships Lesson Intent: What could someone do if...? Strands: R34	Core Theme: Health and Wellbeing Lesson Intent: Feeling Angry Strands: H18 H19 H20	Core Theme: Health and Wellbeing Lesson Intent: Letting out anger Strands: H18 H19 H20	Core Theme: Relationships Lesson Intent: Living in the Wider World Lesson Intent: Secrets and Surprises Strands: R18 R27 L15	Core Theme: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: Relationships Lesson Intent: My Social Media Safety Rules Strands: H13 H42 L1 L11 L12 L13 R27 R23 R31	Core Theme: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: Relationships Lesson Intent: My Social Media Safety Rules Strands: H13 H42 L1 L11 L12 L13 R27 R23 R31
Summer 2	Core Theme: Health and Wellbeing Lesson Intent: Sending an Email Strands: H21	Core Theme: Health and Wellbeing Lesson Intent: Keeping you safe Strands: H44	Core Theme: Relationships Lesson Intent: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: Dots Final Quiz Strands:	Core Theme: Health and Wellbeing Lesson Intent: Adults we trust is discussed each lesson How to have a healthy mind and body enrichment day Strands: H14 H1 - H11		

Year Group 4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Autumn 1	Core Theme: Health and Wellbeing Lesson Intent: Living in the Wider World Lesson Intent: I am special Strands: H21 L25	Core Theme: Relationships Lesson Intent: Getting Creative Strands: R1	Core Theme: Relationships Lesson Intent: Living in the Wider World Lesson Intent: Keeping Healthy Strands: R18 L25	Core Theme: Relationships Lesson Intent: Living in the Wider World Lesson Intent: How are we similar? Strands: R32 L2	Core Theme: Living in the Wider World Lesson Intent: Gratitude - what does it mean? Strands: L2	Core Theme: Relationships Lesson Intent: Helping others around the world Strands: R33
Autumn 2	Core Theme: Living in the Wider World Lesson Intent: Helping animals Strands: L2 L4 L5	Core Theme: Living in the Wider World Lesson Intent: What do I feel proud of? Strands: L25	Core Theme: Health and Wellbeing Lesson Intent: My feelings - dealing with fear Strands: H19 H20	Core Theme: Health and Wellbeing Lesson Intent: My 'Uh-Oh' signs Strands: H38	Core Theme: Health and Wellbeing Lesson Intent: Worrying Strands: H38 H39	Core Theme: Health and Wellbeing Lesson Intent: Changes Strands: H19 H20
Spring 1	Core Theme: Relationships Lesson Intent: Living in the Wider World Lesson Intent: Respect and valuing yourself Strands: R32 L25	Core Theme: Living in the Wider World Lesson Intent: The emergency services Strands: L1 L7	Core Theme: Living in the Wider World Lesson Intent: Making choices about who we can tell Strands: L12	Core Theme: Living in the Wider World Lesson Intent: In the community Strands: L5 L6 L7 L8	Core Theme: Living in the Wider World Lesson Intent: Help the environment Strands: L5	Core Theme: Health and Wellbeing Lesson Intent: Dealing with feelings Strands: H19 H20 H17
Spring 2	Core Theme: Relationships Lesson Intent: Living in the Wider World Lesson Intent: Me and my friends Strands: R32 L25	Core Theme: Living in the Wider World Lesson Intent: The emergency services Strands: L1 L7	Core Theme: Living in the Wider World Lesson Intent: Making choices about who we can tell Strands: L12	Core Theme: Living in the Wider World Lesson Intent: In the community Strands: L5 L6 L7 L8	Core Theme: Living in the Wider World Lesson Intent: Help the environment Strands: L5	Core Theme: Health and Wellbeing Lesson Intent: Dealing with feelings Strands: H19 H20 H17
Summer 1	Core Theme: Living in the Wider World Lesson Intent: My community Strands: L5 L6 L7 L8	Core Theme: Health and Wellbeing Lesson Intent: The emergency services Strands: H16 H40	Core Theme: Living in the Wider World Lesson Intent: Things we use in the home Strands: L12	Core Theme: Health and Wellbeing Lesson Intent: Drugs Strands: H40 H46 H47 H48 H49 H50	Core Theme: Relationships Lesson Intent: Living together Strands: R1 R2 R3 R5 R6 R7 R8 R9	Core Theme: Living in the Wider World Lesson Intent: Why do I need to go to school? Strands: L1 L2 L25 L27
Summer 2	Core Theme: Relationships Lesson Intent: My home Strands: R1 R3 R2 R4 R5 R6 R7 R8 R9 R11	Core Theme: Living in the Wider World Lesson Intent: Managing money Strands: L17 L18 L19 L23 - 32	Core Theme: Living in the Wider World Lesson Intent: Looking after our possessions Strands: L19	Core Theme: Living in the Wider World Lesson Intent: What are my dreams? Strands: L25 L27 L31	Core Theme: Health and Wellbeing Lesson Intent: People who can help us? Strands: H37 H44	Core Theme: Living in the Wider World Lesson Intent: Health and Wellbeing Lesson Intent: Relationships Lesson Intent: Dots Final Quiz

Year Group 5	Autumn	Spring	Summer
Autumn 1	Core Theme: Health and Wellbeing Lesson Intent: What are values? Strands: H25 H27 H28	Core Theme: Health and Wellbeing Lesson Intent: Why are values important? Strands: H25 H27 H28 R32	Core Theme: Health and Wellbeing Lesson Intent: Value of religion Strands: H25 H27 H28 R31 R32 R33
Autumn 2	Core Theme: Health and Wellbeing Lesson Intent: Rights for every child Strands: H35 L2 L7 L3	Core Theme: Health and Wellbeing Lesson Intent: Rights and responsibilities for children Strands: H25 L2 L3	Core Theme: Relationships Lesson Intent: Value of love, honour and courage Strands: R5
Spring 1	Core Theme: Relationships Lesson Intent: Value of love, honour and courage Strands: R5	Core Theme: Relationships Lesson Intent: Value of friendship Strands: R10 R11 R14	Core Theme: Relationships Lesson Intent: Shared values in friendship Strands: R10 R11 R14
Spring 2	Core Theme: Relationships Lesson Intent: Group and gangs Strands: R15	Core Theme: Relationships Lesson Intent: Value of being in group/gang Strands: R15 H37 H38	Core Theme: Relationships Lesson Intent: Negative values of being in a group/gang Strands: R15 R18 R21 R30 R31
Summer 1	Core Theme: Relationships Lesson Intent: Bullying Strands: R19 R21	Core Theme: Relationships Lesson Intent: Bullying – different perspectives Strands: R15 H37 H38	Core Theme: Relationships Lesson Intent: Negative values of being in a group/gang Strands: R15 R18 R21 R30 R31
Summer 2	Core Theme: Relationships Lesson Intent: Behaviour of friends Strands: R28 H37 328	Core Theme: Relationships Lesson Intent: Feelings Strands: R19 R20	Core Theme: Relationships Lesson Intent: Feeling angry Strands: R20

Year Group 5	Autumn	Spring	Summer
Autumn 1	Core Theme: Relationships Lesson Intent: Weapons Strands: R27 R28 R29	Core Theme: Relationships Lesson Intent: Consequences of weapons Strands: R27 R28 R29	Core Theme: Health and Wellbeing Lesson Intent: Value of life Strands: H24 H23
Autumn 2	Core Theme: Health and Wellbeing Lesson Intent: Value of life – emotions Strands: H23 H24	Core Theme: Health and Wellbeing Lesson Intent: Value of law – drugs, laws Strands: H46 –H50	Core Theme: Health and Wellbeing Lesson Intent: Value of law – crime Strands: H46 –H50
Spring 1	Core Theme: Relationships Lesson Intent: Bullying Strands: R21 R19	Core Theme: Relationships Lesson Intent: Bullying, hate, race and crime Strands: R19 R20	Core Theme: Relationships Lesson Intent: Value of team work Strands: R10 R11
Spring 2	Core Theme: Health and Wellbeing Lesson Intent: Emergency services Strands: H44	Core Theme: Health and Wellbeing Lesson Intent: What is a valuable number? Strands: H44	Core Theme: Relationships Lesson Intent: Reporting crime Strands: H44 R29
Summer 1	Core Theme: Health and Wellbeing Lesson Intent: Doing the right thing Strands: H38	Core Theme: Living in the Wider World Lesson Intent: Value of money Strands: L18 L20 L22	Core Theme: Health and Wellbeing Lesson Intent: Making decisions Strands: H38
Summer 2	Core Theme: Living in the Wider World Lesson Intent: Values that help us live together Strands: L4 L5 L6 L7 L8	Core Theme: Living in the Wider World Lesson Intent: Making a difference Strands: L7 L5	Core Theme: Relationships Lesson Intent: Protective behaviours Strands: R30 H37 L9 L10

Appendix B

The following areas of the curriculum are delivered and supported through Whole School Assemblies:

- Music and Culture
- Celebrations
- Rights and Responsibilities
- Wonders of our world
- Keeping Safe - Holidays, Sun protection, Fireworks, Road safety, Hobbies
- Our responsibilities
- Community
- Sport and Healthy Living
- Recycling
- Respect and Tolerance
- British Values
- E-Safety
- Moving On / Transitions
- Curriculum topics - Maths Week, World Book day etc
- Celebration of achievement
- Responding to topical/current affairs

See termly Assembly Planner below - these can be adjusted in response to current affairs etc

Autumn Term 2026 - Assembly Planner
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Date of Assembly:	Focus:	Who?
Tuesday 5 th September	Welcome Back!	SP
Friday 8 th September	Celebration Assembly - excellent work	AH
Monday 11 th September	Pupil Parliament 'Re Shuffle'	MW
Friday 15 th September	Celebration assembly	SB
Monday 19 th September	Money Monday Launch	SP/AS?
Friday 22 nd September	Foodbank Friday Assembly	SP
Monday 25 th September	Autumn and Harvest	SP and MW
Friday 29 th September	Celebration Assembly - Food Bank follow up Start of Black History Month Hello Yellow - Mental Health Awareness	SA
Monday 2 nd October	Art Week Launch - History of Art	SP/AS?
Friday 6 th October	Celebration Assembly	EV
Monday 9 th October	Black History Month	SP
Friday 13 th October	Celebration Assembly inc Sulwe - Black History Month follow up	SP
Monday 16 th October	Sporting Success and WN grit and determination	SA
Friday 20 th October	Celebration Assembly	HS
Monday 23 rd October	Bonfire Night and Firework Safety	SP
Friday 27 th October	Celebration Assembly	GD
Monday 6 th November	Poppy Day	SP
Friday 10 th November	Celebration Assembly - celebration of excellent work and attitude/kindness	SA
Monday 13 th November	Behaviour Awards Anti bullying week	SB
Friday 17 th November	Celebration Assembly inc Children in Need and Anti Bullying week in school	SP
Monday 20 th November	Influential People in STEM	MW
Friday 24 th November	Celebration Assembly	EV
Monday 27 th November	Advent	SP
Friday 2 nd December	Celebration Assembly inc ELF on Shelf Launch	SB
Monday 4 th December	INSET day	-
Friday 8 th December	Celebration Assembly	HS
Monday 11 th December	The real meaning of Christmas - the story of the first Christmas and Nativity	SP
Friday 15 th December	No Assembly	-
Monday 18 th December	Attendance Assemblies	SP/AH
Friday 22 nd December	Whole School Carol Service	SP

Appendix C

Lesson Themes	Year 1 Rory and Jasmine	Year 2 Rory and Jasmine	Year 3 This is my Adventure	Year 4 Making the Best of Me	Year 5 Moving On	Year 6 Looking @ Risk	Year 5/6 Values Versus Violence
About me, what I am good at, valuing myself, why I am special	✓	✓	✓	✓	✓	✓	✓
My friends and family	✓	✓	✓	✓	✓	✓	✓
My feelings, what it means to feel safe, my 'Uh-Oh!' signs and inner voice	✓	✓	✓	✓	✓	✓	✓
My helping hand network, who can we tell?	✓	✓	✓	✓	✓	✓	✓
The emergency services	✓	✓	✓	✓	✓	✓	✓
Feeling proud of myself	✓	✓		✓			
What I dream of doing when I grow up	✓			✓	✓		
Secrets and surprises		✓	✓	✓	✓	✓	
Our differences and similarities			✓	✓	✓		
Faith and religion			✓		✓	✓	✓
Money and possessions			✓	✓	✓	✓	✓
The internet and social media			✓	✓	✓	✓	✓
My health			✓	✓		✓	
Our rights and responsibilities				✓		✓	✓
My community, living together and children around the world				✓	✓	✓	✓
Drugs, alcohol and smoking				✓		✓	
Changes/when someone goes away				✓	✓		
The environment and animals				✓			
Risks in my home				✓	✓	✓	✓
Making safe decisions, choices, effects and consequences, doing the right thing					✓	✓	✓
Valuing the law, weapons, what is a crime?					✓	✓	✓
Changing schools					✓		
Safety on the road and in the streets					✓	✓	✓
Good and bad groups or gangs					✓		✓

Protected Characteristics

Promoting the Protected Characteristics at Wren's Nest Primary School

We work to ensure that our children understand that:

There are no outsiders at Wren's Nest

Everyone is different

We celebrate our differences

We are all equal in our differences

The Equality Act became law in 2010. It covers everyone in Britain and protects people from discrimination, harassment and victimisation. Everyone in Britain is protected. This is because the Equality Act protects people against discrimination because the protected characteristics that we all have. Under the Equality Act, there are nine Protected Characteristics:

- Age
- Disability
- Gender reassignment
- Race
- Religion or belief
- Marriage or civil partnership
- Sex
- Sexual orientation
- Pregnancy and maternity



Protected Characteristics

These books are read to the children over the course of the year to encourage positive and guided discussion of the protected characteristics. At Wren's Nest Primary School, we strive to create an environment where children can share their opinions and ask questions.

Reception					
Learning Intention	To say what I like.	To understand that it's OK to like different things.	To make friends with someone different.	To understand that all families are different.	To celebrate my family.
Year 1					
Learning Intention	To like the way I am.	To play with boys and girls.	To recognise that people are different ages.	To understand our bodies work in different ways.	To understand that we share the world with lots of people.
Year 2					
Learning Intention	To understand what diversity is.	To understand how we share the world.	To understand what makes someone feel proud.	To feel proud of being different.	To be able to work with everyone in my class.
Year 3					
Learning Intention	To understand how difference can affect someone.	To understand what 'discrimination' means.	To find a solution to a problem.	Use strategies to help someone who feels different.	To be welcoming.
Year 4					
Learning Intention	To know when to be assertive.	To understand why people choose to get married.	To overcome language as a barrier.	To ask questions.	To be who you want to be.
Year 5					
Learning Intention	To learn from our past.	To justify my actions.	To recognise when someone needs help.	To appreciate artistic freedom.	To accept people who are different from me.
Year 6					
Learning Intention	To promote diversity.	To stand up to discrimination.	To challenge racism of racism.	To consider how my life may change as I grow up.	To recognise my freedoms.