



WREN'S NEST PRIMARY SCHOOL

School Key Policy for 2023-2024

Personal, Social, Health and Citizenship Education (PSHE) Policy

September 2023

Document to be read in conjunction with ***other key school policies (listed within document)***



- Teachers will, where appropriate, follow up Whole Assemblies using the content as a platform to develop further learning in PSHE lessons as well as across the curriculum. (Refer to appendix B for coverage)
- The Dot Com Children's Foundation is a programme used from Year 1 to Year 6 to support Children's learning. (Refer to appendix B for coverage)

Teaching and learning strategies

A range of teaching and learning strategies are used across the curriculum:-

- During timetabled PSHE time, an emphasis is placed on active learning through planned discussions, circle-time, Big Questions, investigations, role-play activities, puppets, group-work and discussions and problem-solving.
- All teachers will endeavour to provide a safe learning environment through the establishment of clear Ground Rules which are made explicit to the children and reinforced consistently. Visiting speakers such as the police, fire service and health workers/Dogs Trust also contribute to the taught curriculum.
- Beyond timetabled PSHE lessons, pupils are supported in applying the skills they are learning, in real-life situations as they arise: e.g. resolving conflicts; working as part of a group on a project.
- Children are encouraged to take part in a range of practical activities to promote active citizenship, e.g. charity fund-raising; the planning of special events at school; agreeing class rules; class council meetings; recycling and reusing; and by taking on roles of responsibility for themselves, for others and for the school.
- Through lessons and after school clubs children are made aware of how to live a healthy lifestyle and are encouraged to follow a healthy living programme by the NHS Change4life scheme.

How we teach children to keep themselves safe

The Dot Com Children's Foundation programme is a scheme used from Year 1 to Year 6 to help children develop the knowledge and confidence they need to make good decisions in life, especially about their own safety. The programme is a safeguarding tool delivered through journals and highlights any behaviour towards them that is not acceptable and how they can help to keep themselves safe. The non-statutory framework for Personal, Social and Health Education (PSHE) provides opportunities for children to learn about keeping safe and who to ask for help if their safety is threatened. As part of developing a healthy, safer lifestyle pupils should be taught:-

- ✓ To recognise and manage risks in different situations and then decide how to behave responsibly;
- ✓ To judge what kind of physical contact is acceptable and unacceptable;
- ✓ To recognise when pressure from others (including people they know) threatens their personal safety and well-being and develop effective ways of resisting pressure, including knowing when and where to get help and
- ✓ To use assertiveness techniques to resist unhelpful pressure.
- ✓ To feel empowered to ask for help when necessary.
- ✓ To give pupils the skills to know how to ask for help.
- ✓ Children understand that their feelings are valued and any thoughts they may record in their journals are for their own use.

The Dot Com programme teaches children an awareness of "Uh-Oh" feelings to help children identify unacceptable situations. This is built on each year through out school.

More serious issues, such as domestic violence can be difficult to broach directly in the classroom however, discussions about personal safety and keeping safe can reinforce the message that any kind of violence is unacceptable.

Through a preventative curriculum The Dot Com programme delivers a 'Values Versus Violence' programme (which is delivered specifically to Year 5 and 6) to provide children with an awareness of risk and risk management.

Children need to be taught that it is ok to talk about their own problems and be signposted to sources of help. Raising these issues in class can lead children to bring up their personal problems and teachers delivering these lessons need to be prepared for this possibility.

The Dot Com Programme is also used to support Children with 1 to 1 intervention if necessary.
(See Appendix C)

The team of Learning Mentors at Wren's Nest

We have a skilled team of Learning Mentors at Wren's Nest whose role it is to remove barriers to learning for children across the school. Learning Mentors work with children who have been referred to them either on a 1 to 1 basis or in group situations. They can focus on a range of targets such as self-esteem, social skills, aspirations, personal hygiene, anger management and assertiveness. Where children require more specialist intervention such as counselling or intervention as a result of bereavement or domestic abuse we refer onto external agencies eg Educational Psychology, Barnardos and Family Support. Learning Mentor interventions with children are reviewed on a half termly basis with impact measures recorded and reported to staff and parents.

Equal Opportunities

All children have an entitlement to access the PSHE curriculum. All children will have access to appropriate resources within the school. These will reflect a multi-cultural society, without stereotyping or discrimination. All children will be given the opportunity to participate in all activities regardless of gender, race or ability.

Community links

Working in partnership with parents and carers and with the wider school community is an essential element of PSHE. We seek to involve parents and keep them informed through our weekly videos, newsletters and termly Teacher/Parent meetings. Parents are encouraged to come into school whenever they have any concerns or anything they would like to discuss with us - we actively promote our 'Open Door' policy. We foster links with the wider community through various activities such as our relationship with St Francis' Church, Dudley Library, The Village Gym, Dudley, Dudley Canal Trust, YMCA, Local PCSOs and Police and the Dudley North Children's Centre.

Links with Other policies

The PSHE Policy links closely with a range of other policies to provide a coherent package of provision for Children at Wrens Nest:

- Sex and Relationships Policy
- RSE Policy
- Bereavement Policy
- Child Protection Policy
- Anti-bullying Policy
- Parent Partnership Policy
- Behaviour Policy and Principles
- Sun Protection Policy
- Equality Policy
- Online Safety Policy

Monitoring information:

- The policy will be promoted and implemented throughout the school by all staff. The school will review this policy through the Curriculum and Standards committee annually and assess its implementation and effectiveness.







Date: September 2023

Date of review: September 2024



PSHE at Wren's Nest Primary School

Appendix A

<p>At Wren's Nest Primary School, Personal, Social and Health Education, (PSHE) prepares our children for the future ahead of them, it helps them to understand that they are part of a community. PSHE is timetabled weekly, although issues covered in the lessons are discussed with the children throughout the wider curriculum, including whole school and class assemblies. By following the 'Dot Com' programme, children learn how to value themselves and others, making good life choices. This programme helps the children at Wren's Nest learn valuable life skills and develop strategies to deal with 'risky situations.' It is important that our children feel safe and confident so they can fulfil their potential and achieve in line with their peers nationally.</p>	 <h3>Big Ideas</h3> <ul style="list-style-type: none"> ✓ Values ✓ Rights and Responsibilities ✓ Bullying ✓ Teamwork ✓ Emotions ✓ Decisions ✓ Behaviours ✓ Feeling ✓ Friends ✓ Consequences 	 <h3>Content and Sequencing</h3> <ul style="list-style-type: none"> ✓ EVFS – Children see themselves as a valuable individual building constructive and respectful relationships. Children begin to understand what is right and wrong and start to realise the consequences of these to behaviours. ✓ Years 1 and 2 – Children learn how important they are and why they are special. They learn about their feelings, families and friends. They discuss their 'helping hand network' and their aspirations for the future. ✓ Years 3 and 4 – In Lower Key Stage 2 children build on their work from years 1 and 2. In addition, they look at their rights and responsibilities, changes when someone goes away and risks within their homes. They also start to consider the impact of drugs and alcohol, and the community in which they live. ✓ Years 5 and 6 – For our oldest children, the Dot Com scheme considers the choices children have and the consequences of making those choices, good or bad. They consider the laws we all need to abide by and the consequences of carrying weapons. ✓ All Years – Themes running through every year group consider the children themselves, highlighting how important we all are and the need to respect ourselves.
 <h3>Cross curricular links</h3> <ul style="list-style-type: none"> ✓ Direct links with: <ul style="list-style-type: none"> ○ History ○ Literature ○ British Values ○ Religious Education ○ Geography ○ Enrichment activities ○ Learning Mentor Team ○ External Agencies such as the Police or Fire Service ✓ Wren's Nest Schemas of Food, Fashion and Technology. 	 <h3>Retrieval</h3> <ul style="list-style-type: none"> ✓ Quizzes ✓ Tasks and activities ✓ Big Questions ✓ Schemas ✓ Debates ✓ Role Play 	 <h3>Progress</h3> <ul style="list-style-type: none"> ✓ Low-stake quizzes ✓ End of unit challenges ✓ Formative assessments ✓ Children's books ✓ Content mapping of the skills and knowledge of the curriculum ✓ Transfer of skills and knowledge
		 <h3>Support</h3> <ul style="list-style-type: none"> ✓ Inclusion for all children. ✓ Children in provision sets to access strength lessons in year groups ✓ Differentiated activities based on skills and knowledge. ✓ Groups across school ✓ Adult support in the classrooms ✓ Learning Mentor Team ✓ External Agencies ✓ Whole School and Class Assemblies

PSHE: Progression at Wren's Nest

Year group	Reception	Year 1 Dot Com 2.2, 3.1, 3.2	Year 2 Dot Com 3.1 and 3.2	Year 3- Dot Com Helping Hands	Year 4- Dot Com Making the best of Me	Year 5- Dot Com – Values Verses Violence	Year 6- Dot Com – Looking @ Risk
Autumn 1-1	Looking After Our Environment	Feelings	Relationship s	What Makes Me Special What I Am Proud Of	Being Special And Unique Respecting Others And The World Around Us.	Values	Being Special Differences Living Together
Autumn 1.2	Relationships	Safety	Feelings	Positive And Negative Feelings My Values Values Of Others	Dealing With Fears/ Dangers	Groups And Gangs Bullying Negative Behaviour s	Our And Others Values Safety
Spring 2.1	Keeping Safe (Stranger Danger)	My Relationship s	Safety	Choices Rights And Responsibilitie s	Respect And Values Choices The Community	Weapons The Value Of Life The Law	Risks And Early Warning Signs How The Body Works And Risks To The Body Including Alcohol And Drugs
Spring 2.2	Healthy Living	Dot Com – All About Me What Makes Me Special	Team Building	Early Warning Signs Uh Oh Signs People Who Help Us	Emergency Services / People Who Help Us Feelings / Secrets	Emergency Services Team Work Reporting A Crime	Influences – Crime The Emergency Services
Summer 3.1	Dot Com Links Feelings And Emotions	Dot Com Dreams And Aspirations Feelings	Dot Com All About Me Feelings	Safety: Road, Personal Safety / Social Media	Social Media Choices	Rights And Responsibi lities Value Of Money Positive Thinking	Keeping Safe Weapons Consequenc es / Decision Making
Summer 3.2	Dot Com Links I Am Special I Am Unique	Dot Com -+ Dealing With Risky Situations Keeping Safe	Dot Com – Early Warning Signs Secrets And Safety	Secrets Differences Emergency Services	Health Value Of Money Decisions And Consequences	Making Decisions Keeping Safe- Social Media – Personal Safety	Sex And Relationship Education

Appendix B

The following areas of the curriculum are delivered and supported through Whole School Assemblies:

- Music and Culture
- Celebrations
- Rights and Responsibilities
- Wonders of our world
- Keeping Safe - Holidays, Sun protection, Fireworks, Road safety, Hobbies
- Our responsibilities
- Community
- Sport and Healthy Living
- Recycling
- Respect and Tolerance
- British Values
- E-Safety
- Moving On / Transitions
- Curriculum topics - Maths Week, World Book day etc
- Celebration of achievement
- Responding to topical/current affairs

See termly Assembly Planner below - these can be adjusted in response to current affairs etc

Autumn Term 2023 - Assembly Planner

Date of Assembly:	Focus:	Who?
Tuesday 5 th September	Welcome Back!	SP
Friday 8 th September	Celebration Assembly - excellent work	AH
Monday 11 th September	Pupil Parliament 'Re Shuffle'	MW
Friday 15 th September	Celebration assembly	SB
Monday 19 th September	Money Monday Launch	SP/AS?
Friday 22 nd September	Foodbank Friday Assembly	SP
Monday 25 th September	Autumn and Harvest	SP and MW
Friday 29 th September	Celebration Assembly - Food Bank follow up Start of Black History Month Hello Yellow - Mental Health Awareness	AH
Monday 2 nd October	Art Week Launch - History of Art	SP/AS?
Friday 6 th October	Celebration Assembly	EV
Monday 9 th October	Black History Month	SP
Friday 13 th October	Celebration Assembly inc Sulwe - Black History Month follow up	SP
Monday 16 th October	Sporting Success and WN grit and determination	SA
Friday 20 th October	Celebration Assembly	HS
Monday 23 rd October	Bonfire Night and Firework Safety	SP
Friday 27 th October	Celebration Assembly	AH
Monday 6 th November	Poppy Day	SP
Friday 10 th November	Celebration Assembly - celebration of excellent work and attitude/kindness	AH
Monday 13 th November	Behaviour Awards Anti bullying week	AH
Friday 17 th November	Celebration Assembly inc Children in Need and Anti Bullying week in school	SP
Monday 20 th November	Influential People in STEM	MW
Friday 24 th November	Celebration Assembly	EV
Monday 27 th November	Advent	SP
Friday 2 nd December	Celebration Assembly inc ELF on Shelf Launch	SB
Monday 4 th December	INSET day	-
Friday 8 th December	Celebration Assembly	HS
Monday 11 th December	The real meaning of Christmas - the story of the first Christmas and Nativity	SP
Friday 15 th December	No Assembly	-
Monday 18 th December	Attendance Assemblies	SP/AH
Friday 22 nd December	Whole School Carol Service	SP

Appendix C

Lesson Themes	Year 1 Rory and Jasmine	Year 2 Rory and Jasmine	Year 3 This is my Adventure	Year 4 Making the Best of Me	Year 5 Moving On	Year 6 Looking @ Risk	Year 5/6 Values Versus Violence
About me, what I am good at, valuing myself, why I am special	✓	✓	✓	✓	✓	✓	✓
My friends and family	✓	✓	✓	✓	✓	✓	✓
My feelings, what it means to feel safe, my 'Uh-Oh!' signs and inner voice	✓	✓	✓	✓	✓	✓	✓
My helping hand network, who can we tell?	✓	✓	✓	✓	✓	✓	✓
The emergency services	✓	✓	✓	✓	✓	✓	✓
Feeling proud of myself	✓	✓		✓			
What I dream of doing when I grow up	✓			✓	✓		
Secrets and surprises		✓	✓	✓	✓	✓	
Our differences and similarities			✓	✓	✓		
Faith and religion			✓		✓	✓	✓
Money and possessions			✓	✓	✓	✓	✓
The internet and social media			✓	✓	✓	✓	✓
My health			✓	✓		✓	
Our rights and responsibilities				✓		✓	✓
My community, living together and children around the world				✓	✓	✓	✓
Drugs, alcohol and smoking				✓		✓	
Changes/when someone goes away				✓	✓		
The environment and animals				✓			
Risks in my home				✓	✓	✓	✓
Making safe decisions, choices, effects and consequences, doing the right thing					✓	✓	✓
Valuing the law, weapons, what is a crime?					✓	✓	✓
Changing schools					✓		
Safety on the road and in the streets					✓	✓	✓
Good and bad groups or gangs					✓		✓