# Effective use of PE and Sport Funding at Wren's Nest Primary School

## Overall Aim:

"Every child will enjoy increased participation in sporting activities and develop a healthier lifestyle."

Wren's Nest Primary School will use its Sports Premium Grant to improve P.E and Sports participation across the school and will promote healthy
lifestyles for all children.

The four main aspects that we will develop are:

- · Improving the quality of teaching and learning in P.E and other relevant subject areas.
- · Increasing participation in sporting activities and high-quality PE lessons for all children.
  - Improving pupils' lifestyles and physical wellbeing
  - · Developing a leadership role, managing sport and well-being across the school.

## Improving the quality of teaching and learning

The school will use the Sports Premium grant to raise the standard of teaching and learning in PE. This will be led by the P.E leader who has been professionally trained externally and will share her expertise with other staff through in-house coaching. This will be a cost-effective way of raising the quality of teaching across the school.

Specialist P.E teacher will be used to support, monitor and guide P.E lessons throughout the school. This will underpin progression and continuity of children's sporting skills. Wren's Nest has also joined the CompletePE programme which support and aids planning and assessment in all lessons, as well as providing CPD for staff.

Following an audit of current provision, some of the budget will be spent on additional PE resources to enable active participation by all children in all lessons.

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### Increasing participation in sporting activities and PE

At Wren's Nest we want all children to exert themselves during PE and understand the benefits of sustained physical activity. Increasing the opportunities to take part in inter-school competition will also raise levels of motivation and enthusiasm.

The Sports Premium grant will support the funding of an increased range of after school clubs for all ages. It will also fund the costs of participation in competitions, including the cost of transport.

#### Improving pupils' lifestyles and physical wellbeing

As part of the school's curriculum enrichment programme, all children will take part in at least one visit involving a high level of physical activity which will broaden their experience of sport and exercise. Within school each year group will have a focused enrichment day on an aspect of healthy lifestyles. During this time children will learn about healthy diets and lifestyles and have opportunity to participate in new and unfamiliar sporting activities. This will widen their understanding of health and well-being and encourage them to be healthy and active. Healthy lifestyles will also be covered through the P.S.H.E and Science curriculum.

Swimming safety remains a priority at Wren's Nest, The majority of our children do not attend private lessons and have not attended school swimming lessons since the lock down of the pandemic. We shall use a proportion of the Sports Premium money to improve the water safety and confidence in the water by providing subsidised swimming lessons and water safety sessions.

#### Developing a leadership role managing sport and well-being across the school.

The Sports Premium will also be used to support the development of the role of a Sports and Healthy Living Leader (SHLL). This role is key so that the development of PE and Sport becomes an integrated part of the leadership strategy and good practice can be effectively promoted across the school. The SHLL will be responsible for managing the Sports Premium Funding so that it is used effectively to achieve our aims.