



Mini First Aid

at Wren's Nest Primary School



Foundation Stage

Through story, song, role play & re-enacting, the children learn how to look after their bodies when common minor injuries happen, as well as knowing how to call for help if their grown-up is unable.

They learn about the great job Paramedics do, and practise clear communication with a 999 operator.

Key Stage 1

In Key Stage 1, the children will begin to understand why it's so important to keep cuts and grazes clean and why good hygiene prevents infection. They will also practise the recovery position using catchy and memorable rhymes, which we hope will stick with them for life!

Key Stage 2

We teach the children to deal with bumps, burns, breaks and bleeding, carry out CPR and deal with choking. The class is practical, fun and involves lots of activities for the children to enjoy. The children learn how to make a clear and efficient call to emergency services if necessary and the concepts of basic First Aid, for example dealing with common injuries, including head injuries

