

Wren's Nest Primary

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10th December 2020

For the attention of ALL Pre-School and Nursery Parents and Carers

Dear Parents, Carers, Families and Children,

Due to staffing shortages related to self-isolation and COVID 19 across both Nursery and Pre-School, unfortunately, we have had to make the decision to close Pre-School and Nursery sessions until after the Christmas holiday.

Having spoken to the DFE today, **your child does not need to self-isolate** but they have asked me to remind you of the information over the page so you and your families stay well during the Christmas break.

Next week, your child will have a special delivery from us - their Christmas gift from Santa and all at Wren's Nest.

We look forward to your return on Monday 4th January 2021. Should anything change, I will of course keep you informed.

I wish you all a very Happy Christmas.

Take good care and stay safe,

A handwritten signature in black ink, appearing to read 'S Parkes', with a stylized flourish underneath.

Mrs Parkes x

DFE - Advice to All Parents

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'. Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information: Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>